

Session Schedule for the 20th Asian Games Ver.6 as of 29 July 2026.																											
Competition Venue	Sport/Discipline	Sep									OC												Oct				CC
		10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	1	2	3	4	
		Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	
		-9	-8	-7	-6	-5	-4	-3	-2	-1	0	+1	+2	+3	+4	+5	+6	+7	+8	+9	+10	+11	+12	+13	+14	+15	
AICHI												W	W	W	W	W		M	M	M	M	M	M/QF	M/SF	M/F		
Nagoya City General Gymnasium [Rainbow Pool]	Aquatics - Water Polo											14:30~16:05	14:30~16:05	14:30~16:05	14:30~16:05	15:45~17:20		14:15~15:50	14:15~15:50	15:50~17:25	14:15~15:50	15:50~17:25	14:15~15:50	14:15~15:50	14:15~15:50		
												16:05~17:40	16:05~17:40	16:05~17:40	16:05~17:40	17:20~18:55		15:50~17:25	15:50~17:25	17:25~19:00	15:50~17:25	17:25~19:00	15:50~17:25	15:50~17:25	15:50~17:25		
												17:40~19:15	17:40~19:15	17:40~19:15	17:40~19:15	18:55~21:15		17:25~19:00	17:25~19:00	19:00~20:35	17:25~19:00	19:00~20:35	17:25~19:00	17:25~19:00	17:25~19:00		
Okazaki Chuo Sogo Park Multipurpose Square	Archery - Recurve/Compound																	W/M	W/M/X	W/M	W/M	W/M/X/F	W/M/F	W/M/X/F	W/M/F		
																		08:00~11:50	08:00~09:15	08:00~11:00	08:00~11:00	09:00~10:55	09:00~11:28	09:00~11:00	09:00~11:15		
																		12:30~16:20	10:00~12:20	12:00~15:00	12:00~15:00	11:25~13:20	13:00~15:31	11:30~13:30	13:00~15:15		
Nagoya City Mizuho Park Athletic Stadium	Athletics (Track and Field)														W/M/X/SF/F	W/M/ F	W/M/SF/ F	W/M/F	W/M/F	W/M/X/F							
												16:50~22:30				10:00~13:40	09:00~12:30	18:00~22:30	18:00~22:30	17:15~22:30							
Nagoya City Mizuho Park Athletic Stadium (Start and Finish)	Athletics (Marathon)																	W/ M/ F									
Aichi Prefectural Government Office and the Nagoya City Halls Loop Course	Athletics (Race Walk)													W/ M/ F				07:30~11:00	W/ M/ F								
Ichinomiya City Municipal Gymnasium	Badminton											W/M	W/M	W/M/QF	W/M/SF	W/M/F	W/M/X	W/M/X	W/M/X/QF	W/M/X/SF	W/M/X/F						
Okazaki Chuo Sogo Park Baseball Stadium	Baseball/Softball - Baseball											09:30~20:30	09:30~20:30	09:30~20:30	09:30~20:30	09:30~20:30	09:30~20:30	09:30~20:30	09:30~20:30	09:30~20:30	11:00~19:00						
													M	M	M		M	M	M								
													12:00	12:00	12:00	12:00	12:00	12:00	12:00								
Toyohashi Municipal Baseball Stadium	Baseball/Softball - Baseball																	18:30	18:30	18:30							
													M	M	M		M	M	M/F								
													12:00	12:00	12:00	12:00	12:00	12:00	18:30								
Anjo Softball Ground	Baseball/Softball - Softball																	18:30	18:30								
																		W	W	W	W	W	W	W	W/F		
																		09:00	09:00	09:00	09:00	09:00	09:00	09:00	10:00		
																			11:00	11:00	11:00	11:00	11:00	11:00	11:00	14:00	
Aichi International Arena	Basketball																	13:15	13:15	13:15	13:15	13:15	13:15	13:15	13:15		
																		15:15	15:15	15:15	15:15	15:15	15:15	15:15	15:15		
			M	M	M	M	M		M/QF	W	W/M/SF	W	W/M/F	W	W		W/QF	W/SF	W/F								
		10:00~12:15	10:00~12:15	10:00~12:15	10:00~12:15	10:00~12:15		10:00~12:15	10:00~12:15	10:00~12:15	09:00~11:15	10:00~12:15	10:00~12:15	10:00~12:15		10:00~12:15	16:00~18:15	16:00~18:15									
		13:00~15:15	13:00~15:15	13:00~15:15	13:00~15:15	13:00~15:15		13:00~15:15	13:00~15:15	13:00~15:15	12:00~14:15	13:50~16:05	13:00~15:15	13:00~15:15		13:00~15:15	19:00~21:15	19:00~21:15									
Kinjo Futo Station Square Venue	3x3 Basketball												W/M	W/M	W/M	W/M/QF	W/M/SF/F										
													12:00~15:20	12:00~15:20	12:00~15:20	12:00~15:20	13:00~14:40										
Nishio Gymnasium	Boxing												W/M	W/M	W/M	W/M	W/M	W/M	W/M	W/M	W/M		W/M/F				
													12:00~15:00	12:00~15:00	12:00~15:00	12:00~15:00	12:00~15:00	12:00~15:00	12:00~14:30	13:00~16:00	13:00~15:30		13:00~15:05				
Aichi Sky Expo	Breaking																	17:00~20:00	17:00~20:00	17:00~20:00	17:00~19:30				17:05~20:00		
Miyoshi Lake Canoe Course	Canoe/Kayak-Sprint																	W/M	W/M	W/M	W/M	W/M					
																		14:00~18:00	14:00~18:00								
Yahagigawa Canoe Slalom Course	Canoe/Kayak-Slalom																										
																				W/M	W/M/SF/F	W/M/SF/F	W/M/QF/SF/F				
Aichi Prefectural Martial Arts Hall	Combat sports - Jiu Jitsu																				10:30~13:20	10:30~15:30		W/M/SF/F	W/M/SF/F	W/M/SF/F	
																							09:00~15:30	09:00~15:30	09:00~13:30		
	Combat sports - Kurash																		W/M/SF/F	W/M/SF/F	W/M/SF/F			16:30~18:30	16:30~18:30	14:30~16:30	
Nagoya City Inae Sports Center	Combat sports - Mixed Martial Arts											W/M	W/M	W/M/F													
												10:00~13:00	10:00~13:00	14:00~18:00													
Korogi Athletic Park	Criket- T20							W/QF	W/QF			W/SF		W/F		M	M	M		M/QF	M/QF		M/SF		M/F		
								09:00	09:00			09:00		09:00		09:00	09:00	09:00		09:00	09:00		09:00		09:00		
Shinshiro Cycling Road Course	Cycling - Road											W/M/F		W/F	M/F												
												09:00~11:00		09:00~12:30	09:00~14:30												
Obata Ryokuchi Park	Cycling - Mountain Bike															W/F	M/F										
																11:00~13:00	11:00~13:00										
Nagoya Velodrome BMX Race Track	Cycling - BMX Racing																			W/M/F							
																				09:30~11:30	12:00~14:15						
Aichi Sky Expo	Cycling - BMX Freestyle																	W/M	W/M/F								



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		10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	1	2	3	4
		Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun
		-9	-8	-7	-6	-5	-4	-3	-2	-1	0	+1	+2	+3	+4	+5	+6	+7	+8	+9	+10	+11	+12	+13	+14	+15
TOKYO												W/M/F	W/M/F	W/M/F	W/M/X/F	W/M/F	W/M/F									
Tokyo Aquatics Centre	Aquatics - Swimming											10:00	10:00	10:00	10:00	10:00	10:00									
												17:00	17:00	17:00	17:00	17:00	17:00									
	Aquatics - Diving																	W/M/F	W/M/F	W/M/F	W/M/F	W/M/F				
Equestrian Park																		W/M/F	W/M/F	W/M/F	W/M/F	W/M/F				
	Equestrian - Dressage																O/F	O	O/F							
	Equestrian - Eventing												O	O	O/F		09:30-17:20	09:30-16:50	09:30-12:30							
													09:30-13:15	09:00-14:30	10:45-12:55											
	Equestrian - Jumping																					O/F		O	O/F	
SHIZUOKA																		W/X	W/X/F	X/F						
	ToBiO Furuhashi Hironoshin Memorial Hamamatsu Swimming Center																	11:00-12:30	11:00-13:00	11:00-13:30						
																		17:00-18:30	17:00-18:30							
Izu Velodrome	Cycling - Track																				W/M/F	W/M/SF/F	W/M/QF/SF/F	W/M/SM/F		
GIFU										W/M		W/M	W	M	W	M	W	M	W	M		W/SF	M/SF	W/F	M/F	
										09:00-10:30		09:00-10:30	09:00-10:30	09:00-10:30	09:00-10:30	09:00-10:30	09:00-10:30	09:00-10:30	09:00-10:30		09:00-11:00	09:00-11:00	09:00-11:00	09:00-11:00		
										11:00-12:30		11:00-12:30	11:00-12:30	11:00-12:30	11:00-12:30	11:00-12:30	11:00-12:30	11:00-12:30	11:00-12:30		11:30-13:30	11:30-13:30	11:30-13:30	11:30-13:30		
										13:00-14:30		13:00-14:30	13:00-14:30	13:00-14:30	13:00-14:30	13:00-14:30	13:00-14:30	13:00-14:30	13:00-14:30		14:00-16:00	14:00-16:00	14:00-16:00	14:00-16:00		
										15:00-16:30		15:00-16:30	15:00-16:30	15:00-16:30	15:00-16:30	15:00-16:30	15:00-16:30	15:00-16:30	15:00-16:30		16:30-18:30	16:30-18:30	16:30-18:30	16:30-18:30		
										17:00-18:30		17:00-18:30	17:00-18:30	17:00-18:30	17:00-18:30	17:00-18:30	17:00-18:30	17:00-18:30	17:00-18:30		19:00-21:00	19:00-21:00	19:00-21:00	19:00-21:00		
										19:00-20:30		19:00-20:30	19:00-20:30	19:00-20:30	19:00-20:30	19:00-20:30	19:00-20:30	19:00-20:30	19:00-20:30				21:00-21:30	21:00-21:30		
FOOTBALL CITIES								M				M			M			M/QF						M/F		
TOYOTA STADIUM	Football							16:00				16:00			14:30			15:00						15:00		
								19:30				19:30			19:30			19:30						19:30		
Nagoya City Minato Soccer Field								15:30		15:30				14:00												
								19:00		19:00																
Wave Stadium Kariya									M			M	W		M											
									14:00			14:00	16:00		14:30											
								19:00				19:00			19:30											
Nagoya City Mizuho Park Rugby Field								M		M				M			M/QF									
								19:30		19:30							14:00									
														19:00			19:30									
Gifu Nagaragawa Stadium								W		W			W													
								14:00		14:00			16:00													
								19:00		19:00																
Shizuoka Stadium Ecopa								W		W			W				W/QF				W/SF			W/F		
								16:00		16:00			16:00				15:00				15:00			15:00		
								19:30		19:30			19:30				19:30				19:30			19:30		
Nagai Stadium								W		W			W				W/QF					M/SF				
								16:00		16:00			16:00				15:00					15:00				
								19:30		19:30			19:30				19:30					19:30				

*The competition schedule may change without prior notice due to coordination with sports federations.

W	Women's event	QF	Quarter Final		Competition day
M	Men's event	SF	Semi Final		Gold medal event day
X	Mixed event	F	Final		OC
O	Open event				CC
					Closing Ceremony